

## Therapeutical Octopuses



### Premature Babies find Security in Octopuses

Studies in Denmark have shown that premature Babies breathe better when they snuggle with an octopus. The improved breathing leads to higher oxygen levels in their blood and improve the heartbeat. Scientists explain the phenomenon: Normally the premies would hold on to the umbilical cord in order to feel safe. Now they can grab the tentacles of the crocheted octopus and that has exactly the same effect! The tentacles remind the premies of the umbilical cord. One in ten babies is born prematurely.

Contact your local maternity hospital or children's ward and ask if they are interested in therapeutical octopuses and start crocheting.

They are crocheted of cotton yarn and filled with synthetic wadding packed into nylon hosiery to forma a ball.

**The Octopuses are also good for patients in nursing homes**